



Baby Milestone Checklist

Typical milestones by age — tick them off as you spot them.

By 2 months

- Calms when held
- Looks at faces
- First social smile
- Brief head lift on tummy

By 4 months

- Holds head steady
- Coos & babbles back
- Reaches for toys
- Pushes up on elbows

By 6 months

- Rolls over
- Sits with support
- Laughs
- Brings things to mouth

By 9 months

- Sits unaided
- Babbles strings of sounds
- Passes objects hand to hand
- Responds to their name

By 12 months

- Pulls to stand
- Cruises furniture
- Waves bye-bye
- First words

By 18 months

- Walks well alone
- Says several words
- Points to show you
- Tries to use a spoon

By 2 years

- Two-word phrases
- Runs
- Kicks a ball
- Follows a simple instruction

Ranges, not deadlines — every baby is different.